recommendation from the Local Section (LS) Task Force to adapt the Local Section Council (LSC) into the Local Section Advisory Group. Currently, the LSC, membership comprises the president-elect and president of each LS. The group is led by three officers — a chair, vice chair and past chair, with the vice chair elected every two years by LS presidents. In total, 137 members make up the LSC.

The new LS Advisory Group will be a cross-functional team of LS representatives (selected by LS presidents), Student LS representatives (selected by Student LS presidents), two AIHA Board liaisons and a staff liaison to collectively represent the sections.

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Offer networking and learning opportunities through our Local Education Committees Your Local Section executive committee welcomes potential partnerships, constructive feedback and new ideas that will help bring value to the membership! Connect with us by sending an email to administrator@pnsaiha.org

National AIHA News Conference: May 20 – 22, National AIHA will host AIHce 2019 in Minneapolis, MN. The program will feature Posters, PDCs and late-night talks that are sure to benefit your practice.

Upcoming Vote: The AIHA Board has received

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Message from the President
Continued

new advisory group, students will have a stronger voice and direct communication with the AIHA Board.

Because specific reference to the LSC appears in the AIHA bylaws, the changeover to the LS Advisory Group will require a vote by AIHA members to approve a bylaws amendment. Specifically, Article XI, Section 6 of the bylaws.

More details about this evolution can be found in the February 2019 edition of the Synergist.

Best Wishes,
Ivory

Ivory Iheanacho
PNS-AIHA President

The 2019 Spring Symposium will be held on Thursday, April 18 at the Lacey Community Center and will focus on alternatives assessment, green chemistry, and substitution. As industrial hygienists, most of us became aware of the “hierarchy of controls” early in our education. Although, substitution is at the top of the hierarchy, it is challenging to identify acceptable, safer products and feedstocks that our clients, companies and agencies will use. Numerous developments over the past two decades have resulted in a renewed interest in identifying, developing and using safer alternatives, giving rise to the green chemistry movement. This has resulted in a multidisciplinary effort to consider the overall effect of chemical feedstocks and products on the general population, workers, and the environment. For the symposium, we have been fortunate to recruit an excellent panel of speakers that will provide fundamental information regarding the chemistry, toxicological and logistical aspects of green chemistry and alternatives assessment, as well as case studies where safer products and processes have been used. Additionally, the tools available for identifying and evaluating potential substitute products will be discussed. The symposium will conclude with a group session forum to discuss opportunities for using safer products and the constraints to implementation.

Registration is now open. CLICK HERE
For updated information CLICK HERE

Northwest Occupational Health Conference - October 23-25, 2019
Riverhouse on the Deschutes Conference Center, Bend, OR

Submit a Presentation Abstract NOW

This year’s Northwest Occupational Health Conference will be held in Bend, Oregon. The Northwest Occupational Health Conference has a national reputation as a dynamic, high quality, multi-disciplinary conference - one of, if not THE, oldest in the country. The quality of this conference is, in large part, due to the great volunteer time spent to put on the conference and the interesting, timely papers presented. Members of the Pacific Northwest Section, generously shared with colleagues the results of their case studies, field investigation, research efforts, and program evaluations at last year’s conference. We’re also expecting the 2019 conference to provide the high quality experience expected of the NOHC.

The Program Planning Committee is now calling for papers and volunteers for the 2019 NOHC. The Short Course will be held on Wednesday, October 23 and the General Sessions will be held on Thursday, October 24 and Friday, October 25. Conference sessions include; industrial hygiene, safety, and laboratory analysis. Let us know what new things you are doing and submit an abstract of your idea for a presentation. Research projects from professors and/or students are accepted too. Presentations should be 30-40 minutes in length and may be on topics relevant to the occupational health and safety professions. Please submit the attached Presentation Abstract form by May 1, 2019 here.

If you have questions email:
Theresa McCollo, NOHC Chair and PNS-AIHA President-Elect
Jeannette U, Administrator

Upcoming Event: Worker Memorial Day at the University of Washington, April 24, 2019 @ 11:30 am
**RUN FOR OFFICE**

Help make a difference: Run for office!

Our active local section presents high-quality safety and health education and networking events, monitors local legislation, supports industrial hygiene students, promotes careers in industrial hygiene, and encourages participation in the national AIHA. You can be part of making it all happen!

Serving on the Board, you’ll get to know IHs from other areas and help make decisions to keep our local section an essential resource well into the future. We need volunteers for nine Board positions this year.

**What’s involved?**
Terms of office start at the annual meeting on October 24, 2019. The Board meets four times a year by phone or in person. Our administrative assistant Jeannette U helps and supports all Board members as needed. Specific duties of each position are described below.

**What positions are available?**
National AIHA members are eligible for two officer positions this year. If not a national member now, successful candidates will need to join after election.

- **President-Elect**: 3-year term. As President-Elect, leads planning for our fall conference and attends the AIHA Leadership Workshop. As President, serves as liaison with AIHA and chairs Board meetings. As Immediate Past President, leads the Nominations and Awards Committee and helps find a fall conference venue for two years out.
- **Recording Secretary**: 2-year term. As Recording Secretary, takes meeting minutes and keeps records. As Executive Secretary, is in charge of the newsletter and balloting.

National AIHA membership is not required for the director and education leader positions:

- **First-year Director**: 2-year term. In their first year, assists the Local Education Committee Leaders as needed. In their second year, leads planning for our Spring Symposium and then helps with nominations and awards.
- **First-year NOHC Planner**: 2-year term. Assists the President-Elect as an active member of the planning committee for our fall conference.
- **Local Education Committee Leader**: 1-year term. Works with others in their geographic area to plan and arrange educational offerings for members. There are five positions, located in Montana, Spokane, the Tri-Cities, Portland, and Seattle.

**Yes, I want to be a Board member! What do I do next?**
Email Nadine Grady, chair of the Nominations & Awards Committee, at ngrady56@outlook.com telling her what position you want to volunteer for. Please put “2019 PNS-AIHA Board Nomination” in the subject line. Your email must be received by July 15.

All Board members are elected by the local section (even if only one volunteers for a given position). Online balloting will open by July 24.

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**MEMBERSHIP RENEWAL**

**Annual Dues**

The Pacific Northwest Section—AIHA 2019 local section membership dues are now due.

To renew, please **CLICK HERE**

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**Save the Date**

**2019 NORTHWEST OCCUPATIONAL HEALTH CONFERENCE**

**OCTOBER 23-25, 2019**

**RIVERHOUSE ON THE DESCHUTES CONFERENCE CENTER, BEND, OREGON**

For more information **CLICK HERE**.
For IH Seniors and Graduate Students

Our local section awards scholarships each year to students enrolled in industrial hygiene academic programs in our geographic region (Washington, Oregon, Montana, and northern Idaho). Eligible persons will be undergraduate seniors, or graduate students, in the fall of 2019.

The Board has approved up to $8,500 to be awarded to multiple students. The number of individual scholarships varies; in 2018, we awarded eight. Scholarship winners will be recognized at our annual meeting on October 24, 2019, and have opportunity to present their research projects at our fall conference.

Application forms and instructions have been sent to the schools, and are also available from Jeannette U at administrator@pnsaiha.org. Applications must be submitted by July 15, 2019.

What industrial hygienist do you admire most?
Nominate them for the Distinguished Industrial Hygienist award!

What makes them “distinguished,” you ask? It could be their contributions to industrial hygiene, their long years of service, or their leadership in our local PNS-AIHA section or national AIHA. We all know IHs who are outstanding – tell us which one you think should get the award this year!

To make your nomination, email Nadine Grady, chair of the Nominations & Awards Committee, at ngrady56@outlook.com telling her why your nominee is deserving. Please put “2019 Distinguished IH” in the subject line. Nominations must be received by August 1.

The selection is confidential until we present the award at the annual meeting on October 24, 2019 in Bend, OR.

Seattle March LEC Meeting

Eleven intrepid PNS-AIHA members (and friends) gathered at Lawless Forge (https://lawlessforge.com/) in Seattle participate in a blacksmithing workshop to bend some metal. We first received a safety talk and then used hammers, anvils, forges, and hot metal to create our own bottle opener. Check out some photos from the event below.

Our April event is open for registration at https://www.brownpapertickets.com/event/4106405 where local Marine Chemist, Amy Liu, from Sound Testing, Inc. will discuss confined spaces and gas testing techniques used by Marine Chemists to prepare confined spaces in the marine industry for entry. The location is at Tutta Bella in Wallingford on April 4, 2019 from 4 pm – 6 pm.

Tri-Cities LEC Meeting

The SE WA LEC section had their first meeting of the year on February 26th in spite of having several feet of snow on the ground. Our guest speaker was Kristin Omberg who is a Technical Group Manager for the National Security Directorate at Battelle’s Pacific Northwest National Laboratory (PNNL). She talked about Biosecurity and Bio threats and described the programs that PNNL has developed to help counteract these national concerns. The meeting was attended by Industrial Hygienists from the Hanford work force as well as PNNL employees.

Our next meeting is scheduled for April 16th and Dalene Zabel, CIH with NV5, will be talking about occupational hazards associated with the Cannabis industry.
2018-19 PNS-AIHA Officers

Our officers for 2018-19 are:

- **President**: Ivory Iheanacho, MSPH-IH
- **Past-President**: Nadine Grady, CIH
- **President –Elect**: Theresa McCullum, CSP
- **Executive Secretary**: Julie Hart, PhD, CIH
- **Recording Secretary**: Lauren Steele
- **First Year Director**: Ann Schubert, CIH, CSP
- **Second Year Director**: Gerry Croteau, CIH
- **Treasurer**: Martin Rose, CIH
- **NOHC Planning Officer (1 Year)**: Phil Peters, CIH
- **NOHC Planning Officer (2 Year)**: Elisabeth Black, CIH
- **Portland LEC Committee Officer**: Barb Epstein, CIH, MPH, FAIHA
- **Tri-Cities LEC Committee Officer**: June Robinson, CIH, CSP
- **Seattle LEC Committee Officer**: Tom Vroman, MS, CIH
- **Montana LEC Committee Officer**: Lorri Birkenbuel, CIH, CSP, CET
- **Spokane LEC Committee Officer**: John Lowe, CIH

Administrative Assistant: Jeannette U

Northwest Region

Regional Representative: Stephanie R. Carter, PhD, CIH

Board Liaison: Bradley S. King, CIH

Please contact any of the officers above, if you have projects, ideas, or new directions the section should be pursuing.

Interested in joining the Pacific Northwest Section—AIHA, CLICK HERE

If you would like to submit article(s) or ideas for the next issue of the Cascade Impactor, click here. Articles are due by **August 1, 2019** for the Summer Issue of the Cascade Impactor.

Local Education Committee

**Seattle Local Education**
Contacts: Tom Vroman

**Portland Local Education**
Contact: Barb Epstein

**Tri-Cities Local Education**
Contact: June Robinson

**Montana Local Education**
Contact: Lorri Birkenbuel

**Spokane Local Education**
Contact: John Lowe

Outreach Committee

**Captain Gary Bangs**
Laura Rascon-Padilla
Paul Woodward.

“**To advocate and promote the field of Industrial Hygiene.**”

**WE ♥ VOLUNTEERS**

Want to get more involved with PNS_AIHA? Now is a great time! Contact Past President, Nadine Grady at ngrady-56@outlook.com

Want to get volunteer in your community? Contact Outreach Committee Chair, Gary Bangs at Capnbangs@gmail.com to get plugged in.